



SET SWIM & WATER POLO CLUB

Monthly Newsletter

Letter from Leadership

SET Family,

We trust this finds all of you well as you enjoy the extended time with your families. SET is proud to have so many amazing alumni and we continue to follow your success across the globe. We hope to hear from you and keep us updated on your progress in the global marketplace. Please email: setaquatics@gmail.com with your latest news as we will be highlighting our alumni in our newsletter.

For those that have not heard, SET hired World Class Swim Coach, Tim Teeter, several years ago. Coach Tim's leadership, in conjunction with the dedication of the swimmers and coaching staff, has earned SET Swim the same National notoriety as SET Water Polo Club. We truly have the best coaches on both sides who are leading the next generation of SET Athletes in both swim and water polo!

In these challenging times, it is amazing to witness the resilience of the SET athletes and coaches as they adapt to the new training landscape. The move to online training, Google Classroom lessons and countless ZOOM meetings has allowed the teammates to stay connected as they continue to grow and develop. We find that our athletes, more than ever, are hungry to return to the pool. The idea of a water polo player or swimmer being out of the water for more than 6-weeks is almost unimaginable; a muscle draining, conditioning swim set has never sounded so good.

The core coaches of SET have established a comprehensive plan to allow our athletes to get back to training as soon as possible, even if it is in limited groups. Our environment of chlorine and water is the safest of any sport. SET is working with site administrators to take the necessary steps to return to the pools without pause when the time comes.

We look forward to the opening and know we will all celebrate together in the very near future.

Go SET!

Bradley Schumacher

Class of 2020 College Commitments

Water Polo

Morgan VanAlphen (Laguna Beach) - UCLA
 Caroline Christl (Santa Margarita) - Cal
 Mara Loughlin (Santa Margarita) - Cal
 Savannah Burns (Santa Margarita) - UCSB
 Tea Poljak (Laguna Beach) - USC
 Kori Bento (Santa Margarita) - SDSU
 Haley Parness (Laguna Beach) - Chapman
 Jenna Dickstein (El Toro) - CBU
 Grace Houlahan (Laguna Beach) - Princeton
 Allie Gaetano (El Toro) - CSULB
 Tommy Lien (Servite) - LMU
 Luke Walters (Trabuco Hills) - Saddleback Valley Community College

Swim

Matt Sorenson (Mission Viejo) - South Dakota State University
 Nick King (El Toro) - Saddleback Valley Community College
 Jake King (El Toro) - Saddleback Valley Community College
 Nam Nguyen (Mission Viejo) - Saddleback Valley Community College

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ZOOM-ing Thru Quarantine - Left: 14U Boys have their weekly check in. Right: SET College Alumni Panel.

Where Are They Now?

We are so impressed with our SET Alumni and how they are bringing the skills they learned at SET into their lives in college and beyond! Check in with some of our alumni on social:

Kelsey (McGinley) Preciado (Laguna Hills/UCLA) - [Blogger](#)
 Darby (Anderson) Jackson (Santa Margarita/Cal) - [Holistic Health Coach + Reiki](#)
 Jon Beck (Capo Valley/LMU) - [Real Estate](#)
 Kelsey Suggs (Tesoro/Stanford) - [Medical School Student](#)
 Alyssa Diacono (Tesoro/SDSU) - [Head Coach, Mount St. Mary's Men's & Women's Water Polo](#)
 Emily Loughlin (Santa Margarita/Cal) - [Account Executive](#)
 Taylor Dodson (Laguna Beach/Cal) - [Head Coach, Indiana University Women's Water Polo](#)
 Cassie Churnside (Villa Park/Stanford) - [Assistant Coach, Harvard University Men's & Women's Water Polo](#)
 Mackie Beck (Santa Margarita/LMU) - [Assistant Coach, Indiana University Women's Water Polo](#)

Alumni - if you're available for a "Where Are They Now?" social feature, please e-mail us at setaquatics@gmail.com.



Kelsey (McGinley) Preciado
Class of 2007



Kelsey Suggs
Class of 2010



Alyssa Diacono
Class of 2013



Jon Beck
Class of 2013

STAY CONNECTED WITH SET



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